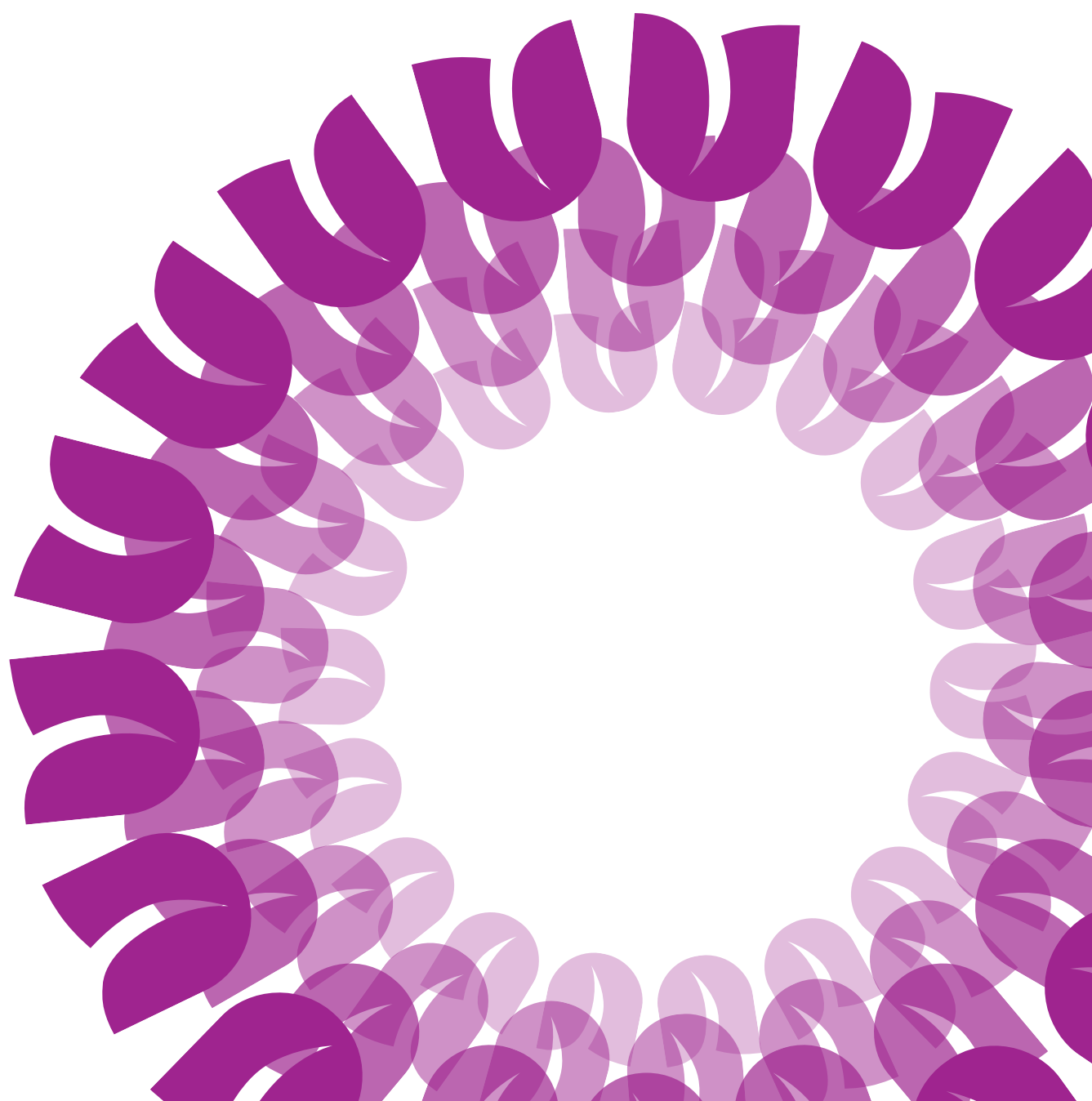




ANNUAL REPORT 2017-18  
PARKINSON'S SOUTH AUSTRALIA INC



# Our Team

## PATRON

His Excellency the Honourable Hieu Van Le AC Governor of South Australia

## AMBASSADOR

Amelia Mulcahy

## PRESIDENT

Assoc Prof John Power

## TREASURER

David Perrott

## BOARD MEMBERS

Paul Davies  
John Doyle  
Alison Perrott  
Margaret Bulling  
Michael Bakker  
Robert Wilcox  
Eileen Willis

## CHIEF EXECUTIVE OFFICER

Olivia Nassaris

## GROUP PROGRAMS COORDINATOR

Anne Heard

## CLIENT SUPPORT/EDUCATION

Paula-Jean Hayes  
Jo White (until June 2018)

## ADMINISTRATIVE TEAM

Judy White  
Kate Schkabaryn

## OFFICE VOLUNTEERS

Sandie Clarke  
Tracy Leaney  
Pat Mueller  
Barb Hand  
Monika Kruger  
Josephine Kirby  
Mardi Garrett

## FUNDRAISING AND COMMUNICATIONS

Jane Intini (until May 2018)  
Simone Ridge-Cooke

# Sponsors & Supporters



**Government of South Australia**  
Community Benefit SA



**Government of South Australia**  
Department for Communities  
and Social Inclusion



**Australian Government**  
Department of Social Services



**Medtronic**

**abbvie**



**STADA**  
AUSTRALIA



# From the President , JOHN POWER



The last 12 months have been an exciting time for PSA and the foundations laid will ensure that PSA will be able to continue to support the Parkinson's community to a high level.

Olivia has done an excellent job of managing the organisation and her energy and vision are coming to fruition with the Brain x Body Fitness Studio.

This, along with professional offices, a new café and a new set of PSA offices will create a positive ageing hub on King William Road.

Brain x Body Fitness Studio will be a strong lead to develop an income stream for PSA. This is a most important development as there are major structural changes being implemented on how NGO's and Aged Care will be funded in the future. These developments will help ensure we are able to be financially independent.

As most are aware I will be stepping down as President at the 2018 AGM. I have been on the Board for about 10 years and most of these as President.

I feel really privileged to have been associated with such wonderful people, and with such a great organisation. I have met many inspiring people it is just unfortunate that this is under the backdrop of Parkinson's.

The organisation has changed dramatically during my time as President, not necessarily because of my influence but due to the great people we have appointed to the Board, and to the Parkinson's Office.

The Board has become progressively more Professional. By developing and reviewing our strategic plan and carrying out skills audits when Board positions became available, we have been able to target new Board members to help us address our goals.

We currently have a very skilled and professional Board to assist and guide Olivia as we move forward into a new era. There are many people who I would like to acknowledge that have made a significant contribution during my time on the Board.

Firstly, I would like to acknowledge the great contribution made by our previous CEO Christine Belford.

Christine guided the organisation for 10 years and through some difficult times, and was able to increase our income dramatically by linking our government grant applications with Helping Hand. Christine was also instrumental in ensuring the success of the Parkinson's National Conference held here in Adelaide.

The Staff in the Parkinson's Office have never ceased to amaze me with their commitment and ability to do so much with so little.

I would like to especially like to acknowledge the efforts of Anne Heard in managing our support groups. Anne is passionate about supporting the Parkinson's Community and setting up support groups state wide. I have travelled with her on two occasions and have seen her commitment first hand.

Our long-standing support team member Paula-Jean Hayes has been with us for many years and puts in that extra effort to support the Parkinson's community. Joining Paula-Jean is Alice who has a keen commitment also to supporting our community.

The staff that manage the PSA Office, Simone Ridge-Cooke, Judy White and Kate Schkabaryn always make the office a friendly and inviting place to visit. We also have a great group of volunteers that are invaluable to making the organisation function.

We have had many Board changes during my time as President and all have made valuable contributions. I would like to mention the contribution of a few. Paul Davies joined the Board shortly after me and left early this year. Paul was a great support to me and was our Parkinson's Australia representative for many years. Helena Kyriazopoulos was on the Board when I was appointed, serving the organisation for nearly ten years. Her wisdom, calm and supportive nature was greatly appreciated. Geoff McKinnon's wisdom, insight and generous contribution to the conference was also greatly appreciated. Treasurers are very important to all NGOs and we have had several that have made significant contributions. In particular, I would like to acknowledge the valuable contribution made by Steve Whitehouse over several years and through some difficult times. I leave PSA feeling that the organisation has a great future.

The new President Alison Perrott is highly skilled and committed. I could not think of a better person to be at the helm and along with our outstanding Board the organisation is in good hands.

Lastly, I would like to wish our CEO Olivia Nassaris every success with the current ventures. Olivia's organisational skills and energy were a major contributor to the success of the conference and they will also ensure the future success of PSA. I have enjoyed my time on the Board of PSA and I wish this great organisation and all the people associated with it every success in the future.

Kind regards  
Associate Professor John Power

# From the CEO, OLIVIA NASSARIS

## Strategic review

The 2017/18 financial year has been focused on the future sustainability of Parkinson's SA.

After my appointment as CEO in August 2017 clients, staff and the board contributed to a review of our Strategic Plan and updated our mission: To maximise choice, independence and well-being for people affected by Parkinson's or another movement disorder through support, education and advocacy.

**Maximising choice:** Everyone's journey with Parkinson's is completely different. One person's choices will be different to someone else. It might be that they choose to stay at home, or choose to live in an aged care facility, choose to go to a support group, or not to.

**Maximising independence:** Parkinson's SA is not a charity in the old sense of the word, we don't do things for clients, we do things with clients - we are a support organisation. We encourage people to seek support when they need it, to educate about medication management, treatments, symptom management and we are here to provide that information.

**Maximising well-being:** We assist clients to maximise well-being. It can be by doing something offered by Parkinson's SA like an art class or carers support group or attending a yoga class. It could also be getting a medication regime right or reducing falls. Whatever it is – choice, independence and well-being are at the heart of what Parkinson's SA offers through support, education and advocacy.

## Planning for the future

Another key element of the strategic plan is ensuring the organisation is sustainable into the future, particularly beyond June 2020 when government grants are due to cease. With this

in mind, myself and the Board have been working to re-build the reserves of Parkinson's SA and a move, (just next door) to 25 King William road, that would include a social enterprise project. The project is Brain x Body Fitness Studio, which focuses on active ageing, movement, flexibility and neuroplasticity. Projections show that after a couple of years of operation the business will be able to provide a passive income to support the services provided by Parkinson's SA.

It is with thanks to our first Foundation Partner, Urszula King, that Parkinson's SA was able to begin planning for this project as she generously has donated \$150k rent-free period so that Parkinson's SA can move into the back part of the building next door at 25 King William Road; to enable us to hold bigger seminars on-site and to increase the number of recreational/exercise activities offered to members. Brain x Body Fitness Studio will be situated on the street front of the same building.

The second Foundation Partners of this project is Kevin Weeks and The Weeks Group – who raised \$65k on his bike ride from Adelaide to Rockhampton and is also supporting the fitout of 25 King William Road with staffing and materials.

CMV Foundation is the generous third Foundation Partner who has committed \$150k to the fitout and creation of 25 King William Road.

## Staffing & Volunteers

Our team of staff remains committed to delivering quality services. Each individual brings a different skill-set to the team and the amount of goodwill provided by the staff and their families is one of the reasons that Parkinson's SA continues to deliver such a full and rich program.

Each year the activities and services of Parkinson's SA are



supported by our volunteers. Volunteers support us in the office, assist with recreational groups and facilitate support groups both in metro and regional areas – thank you to each and every one for their contribution. I would also like to thank the board members, who also volunteer their time and skill set to ensure Parkinson's SA

## Recognising 10 years of service

John Power has recently stepped down as President. He joined the Committee of Management in 2008 and became President in 2010. During this time he has serviced as Chair of the Board, presented countless seminars on his research, attended many support groups, conducted regional visits with Parkinson's SA staff, and was a keynote speaker at the 2015 Parkinson's Australia conference.

Personally, I am very grateful to John for staying on as President when I was appointed to my position. He selflessly delayed his retirement so that he could support the organisation through a period of change. On behalf of the entire Parkinson's community I would like to thank him for his strong leadership, commitment to staff and his heartfelt service to the organisation.

## Thank you

Finally, I would like to thank the Parkinson's SA community for supporting me in my first year in the role of CEO. It is my honour and pleasure to work for you. Your enthusiasm, acceptance and kind words encourage and inspire me.

Olivia Nassaris  
Chief Executive Officer



## From the Treasurer, DAVID PERROTT



It is once again my privilege to present the Treasurer's report for the financial year ended 30 June 2018.

On the face of it, a shortfall or deficiency of nearly \$80,000 in respect of the 2018 year appears disappointing and concerning, especially in comparison to the \$50,000 surplus in the previous year. The Board were anticipating a tough financial year and had projected a deficiency of approximately \$22,600 before depreciation expenses. The current year results includes depreciation expense of plant and equipment of \$18,292 plus research funding expenditure of just over \$18,000; noting that it has been several years since we invested in a research project.

Grant income shown of \$278,000 does not include \$75,000 worth of grants where we have received the money in advance and have not commenced expenditure under the project (e.g. Perpetual Impact Philanthropy Grant, Stronger Communities, City of Unley PD Warrior and Pop-Up Parkinsons). The grants will be recognised as income when the projects are implemented and the funds expended. This is the first time that the revenue has been deferred in this manner in order to match the timing of the income with the expenditure and whilst it has a one-off negative impact in the 2018 year, we believe it will better reflect the results of the organisation.

Whilst donations and bequests is \$80,000 less than the prior year, 2017 included a couple of significant bequests and the \$164,571 received

in the current year is \$24,000 more than budgeted. Other income is nearly \$28,000 less than last year and \$35,000 less than budgeted, as the staffing structure changes which saw Olivia Nassaris appointed as full-time Chief Executive Officer ("CEO") resulted in Olivia not being available to undertake paid services to Parkinson's Australia, and without these circumstances we would have met budget.

It was also positive to see that membership revenue increased by nearly 50% to just over \$21,000, which is due to the new membership fee structure that has been endorsed by members, as well as a significant increase in member numbers.

Parkinson's South Australia continues to operate on a tight budget. There were some one-off expenditures in relation to the governance expenses and consulting fees that arose due to the changes in the CEO role. In addition, changes in the audit approach resulted in a significant proportion of the current year audit fee being recognised in the 2018 financial year.

Other expenditure increases in the areas of advertising, client support services, printing and stationery relate to the provision of member services and were covered by grant income. Whilst salaries and wages exceeded prior year expenditure, it was \$40,000 less than budgeted due to staffing restructuring without the reduction of member services.

The cash-at-bank and short-term investments is currently just over \$243,000, which on face value may look significant. However, approximately \$142,000 of this has been set aside for grant programs in the 2019 year and the Weeks on Wheels indoor

cycling project of \$65,000. The Board commenced setting aside a percentage of surplus funds on a monthly basis in the 2018 year to boost cash reserves in order to protect the long-term viability of the organisation.

The anticipated changes in the State and Federal Government funding is likely to result in a significant drop in funding in the 2020 and future years; this currently makes up over 30% of the income received by the Association. The Board is continually reviewing, developing and implementing strategies to enable the long-term viability of the organisation in order to be able to continue to provide and expand services to members and the South Australian community. The major project being undertaken in this regard is the Body X Brain Fitness Studio, which has received significant support to date and we believe when it is up and running will support Parkinson's South Australia as a whole.

We look forward to your ongoing support and us continuing to provide improved member services with a broader reach.

David Perrott B. Com (UNSW) CA  
CTA  
Treasurer

# From the CLIENT SUPPORT TEAM



The support team over this year consisted of social worker Paula-Jean Hayes (PJ) and registered nurse Jo White, who started in June 2017. This staff combination provided a good skills balance for understanding medical issues and managing personal/relationship/financial/ other challenges in daily life with Parkinson's.

More than 1100 separate counselling/support sessions from the support team were recorded over the 12 months. About 200 of these were first contacts to Parkinson's SA.

Jo and PJ gave information, counselling, advocacy and support chiefly via phone but also through face-to-face meetings. Frequency of home visits was rationalised due to limited resources. However increasingly, email proved useful, as when new clients viewing the PSA website forwarded queries (some wanting to be anonymous).

Others already connected with PSA chose email as convenient, time-flexible, and accommodating of speaking difficulties. Support staff used email more to allow clients to read, digest and keep information for reference, instead of trying to record or remember. Electronic information packs for new clients also saved costs.

People sought help from the support team regarding diagnosis, staying independent, managing symptoms, residential care, respite, relationship changes and for

referral to programs and services. The team provided contacts for appropriate therapists, neurologists and community exercise programs, updating these as required.

Additional calls arose from occasional Parkinson's related media coverage (the article on Light therapy in The Australian was a good example) and the death or diagnosis of celebrity figures (like Neil Diamond and Alan Alda). These promoted conversation and public awareness around the condition.

With the National Disability Insurance Scheme now fully available for under 65s, over 18,000 South Australians are participants.

Those previously receiving supports through Disability SA have been transitioning across to the NDIS, developing individualised plans and putting the Consumer Directed model into operation and support staff assisted when needed.

Others wishing to access the scheme were supported to understand eligibility, navigate steps, provide advice, educate planners on their condition and review unsuccessful applications.

My Aged Care began in 2015 for senior Australians living at home or seeking permanent Aged Care residency. The team continued to inform clients about this system of access.

The shortfall of higher level Home Care Packages available was especially hard for some clients, but the team helped ensure those on long wait-lists gained interim assistance.

Jo continued to deliver the National Parkinson's Aged Care Staff Training package around the state, improving care and outcomes for

residents who have Parkinson's.

## Groups

At Parkinson's SA, the Support Team links closely with the Group Programs Co-ordinator to serve clients.

Besides personal sessions, PJ and Jo prepared and delivered seminars and addressed community groups, including some Parkinson's support groups.

Small group counselling courses were run by PJ across the year: two for people with Parkinson's (Finding Calm) and two for family carers (Caring with Calm). Using principles from ACT therapy and Mindfulness, participants together learned skills to manage difficult thoughts and feelings.

Support workers facilitated Parkinson's Plus support groups and the Women with Parkinson's group.

The Bereavement gathering initiated last year ran again for those in the Parkinson's community with recently experienced loss; part of our commitment to extend support beyond the death of a significant relative.

Jo co-ordinated 6-weekly meetings of SA's Parkinson's specialist nurses. These offered a valuable forum to discuss practices and innovations, share healthcare news and referral pathways, identify difficulties and enhance medical care for Parkinson's patients.

Stronger ties with Parkinson's nurses improved the capacity for the support team to advocate for clients.

Paula-Jean Hayes & Jo White,  
Client Support Team

# From the GROUP PROGRAMS COORDINATOR



## GROUPS

Groups across the state continue to provide valuable information and support, as well as recreational and exercise programs for people affected by Parkinson's. These are facilitated by Parkinson's SA volunteers or staff from various aged care organisations. Of the 29 Support/Education groups there are 6 specialised groups meeting identified needs. These include those with Young onset Parkinson's (20's – 50's group) and those who experience movement disorders other than Parkinson's (e.g. Dystonia, Progressive Supranuclear Palsy, Multiple System Atrophy, Cortico-Basal Degeneration).

The Focus on Family Carers' Group continues to support those caring for a relative with Parkinson's.

The Deep Brain Stimulation group provides a valuable forum for discussion about DBS surgery between those who have undergone the treatment and those considering the surgery.



PHOTO: Photography group participant shot

The Women with Parkinson's group continues to grow and offers a supportive forum for women to share their issues and concerns.

Recreational groups include the weekly Brushlines Art Group, the monthly Photography Group and the Parkinson's Pedallers' Cycling Group. PSA refers clients to five weekly Dance with Parkinson's Groups and a growing number of organisations which provide Parkinson's specific exercise programs.

## NEW GROUPS

A new Kingston group was established in response to a local fundraising and awareness raising initiative of Liz Wingard, a younger person living with Parkinson's. Similarly, the local promotion of Regional seminars by Greg Davis on Kangaroo Island, led to the establishment of a group in Kingscote.



PHOTO: Suzanne & Carol of Gawler

Another community fundraising and education event in Gawler by Suzanne Young and Carol Davis has led to the expansion of the local MS group to include people with Parkinson's.

There have been over 20 presentations by Client Services staff to support/education and exercise groups on various topics throughout the year.

## GROUP LEADER CHANGES

The passion and commitment of the many group leaders across the state continues to be vital to the effectiveness of groups in meeting the diverse needs of people living with Parkinson's in the community. There have been several leadership changes in the last year.

Julie O'Brien joined the leadership team at Brighton. Liz Wingard offers local support in Kingston.

Kerri Welden and Greg Davis volunteered to lead the newly formed Kingscote Group. Helen Hoppmann invited people with Parkinson's to join a combined MS/Parkinson's group in Gawler.

Margaret Galdies, brought a wealth of knowledge and personal caring experience to her leadership of the Enfield group which closed during the year and has been generous in giving her time to covering other groups where needed.

## GROUP LEADERS' SEMINARS

Group leaders participated in three Group Leaders' seminars over the year and had the opportunity to attend the many Parkinson's SA seminars. These are opportunities for group leaders to update their knowledge about relevant issues as well as share ideas about programming and group facilitation strategies.

## PROGRAMS FOR FAMILY CARERS

Responding to the needs of family carers continues to be an integral part of the work of the organisation. A range of support and learning opportunities are offered through the monthly Focus on Family Carers' group, Caring with Calm programs, Caring Matters Seminars and special group gatherings for bereaved carers.



The Carers' groups initiated by Brighton and Adelaide Hills groups continue to grow and provide valuable opportunities for mutual support and sharing information.

A Carers' Pampering and Information Day in June this year gathered 35 family carers to acknowledge their important role, offer education in Self Care and an opportunity to take 'time out'.

### CREATIVE ARTS PROGRAMS

#### Living Stories Colourful Lives Project

This year funding from a Community grant from the City of Unley for the Living Stories Colourful Lives Project encompassed tuition from resident artists in various techniques for the Brushlines Art group as well as a facilitator for a 5 week creative writing program. These programs generated inspiring artworks and writings which were exhibited along with the work of the Photography group and other artists and photographers from around the state in the Living Stories Colourful Lives Exhibition during September.



#### Photography

The Photography group continues to enjoy monthly meetings and outings and plans to recruit new members through a 6 week Intro Photography course in July/August facilitated by Geoff Thompson, an experienced photographer and instructor.

### Dance

Dance programs run by qualified dance instructors and based on the Dance for Parkinson's model continue to provide a unique and accessible dance experience and valuable social connection for many people with Parkinson's or other movement disorders and their family members across the state.



Mrs Le visits Brushlines Art Group in February 2018

### REGIONAL OUTREACH

During the year, the Client Services team has visited groups and conducted Community Information seminars, counselling and professional training in the Upper South East, Yorke Peninsula, the Barossa and the Mid-North. In 2018 funding received from the Department of Communities and Social Inclusion for the Pop Up Parkinson's Project expanded the regional program to include the Riverland, Barossa, Southern Fleurieu and Kangaroo Island.

### SEMINARS

A total of 45 seminars have been held across the state this year. Parkinson's SA has continued to conduct Understanding Parkinson's seminars in various metropolitan and regional areas, monthly Learn Now Live Well seminars for those with a recent diagnosis of Parkinson's and their family members and Moving Ahead with Parkinson's seminars, with topics relevant to those who have experienced Parkinson's for several years. Special Topics Seminars have covered Parkinson's Plus conditions, Infused therapies, Lewy Body Dementia. Seminars on Medications, NDIS and Employment issues were held for younger people. Funding received through the Continence Foundation of Australia Health Promotion grants led to well attended Bladder and Bowel Health Seminars in the Yorke Peninsula, Murray Mallee/Adelaide Hills/Southern Fleurieu and metropolitan area.

Anne Heard  
Group Programs Coordinator



# From FUNDRAISING AND COMMUNICATIONS



## Fundraising

A review was undertaken in 2017 of the number of fundraising events that Parkinson's SA organised and participated in to ensure that the return on investment for each event was adequate. This helped to ensure we are obtaining the most from any and all events held, and making sure we are not holding events due to longevity but without fundraising benefit.

*A Walk in the Park* 2017 was again held at Bonython Park, aiming to decrease unnecessary expenses in the organisation of the event and to increase sponsorship to cover the cost of expenses - thus leaving registrations and fundraising as profit.

The day ran smoothly due largely to the contribution of some wonderful volunteers as well as Parkinson's SA staff. Simon Pilley and Olivia Makrid managed the volunteer input for the day.

As always though weather being the major unknown, the day did have a dampener with drizzle keeping pre-registrations down.

On the day however there were higher registrations largely in part to the West Adelaide Football Club players who joined us on the day supporting Mark Mickan who has recently joined Parkinson's SA after his 2017 diagnosis.

Fundraising from the day and from individual Everyday Hero campaigns raised \$49,850, a \$5000 decrease from the previous year.

Movie nights have proven to be an enjoyable low risk and low cost fundraising event as they also allow the Parkinson's SA community to enjoy socialising.

The Parkinson's SA 2018 Quiz Night was the biggest yet. An astounding 300+ participants filled the Goodwood Community Centre. The event, my first as Fundraising and Communications Coordinator raised over \$14,000 - continuing the success of this fundraising event.

A special thanks to Carolyn Revell who took over the solo role of Quiz Night dream team, collecting silent auction prizes from the local SA community, after her brother Lyndon Radbone passed earlier in 2018.

Our newest event on the calendar, Parkinson's In The Park 2018, proved to be a wonderful addition to the calendar.

After reviewing A Walk In The Park and deciding to shelf the event for 2018. Parkinson's In The Park was added as a new event with a focus on community brand awareness and event visibility.

This inaugural event raising \$11,696 with room to grow in future years thanks to successful grants from City of Unley.

## Communications

Intouch has been produced and distributed according to schedule with it's established style guide; shown to receive good feedback issue after issue.

The Parkinson's SA Facebook page has increased significantly in "likes" and reached over 1565 this year. It has continued to be an active medium to advertise events, share relevant news stories and to update the community on the activities of the organisation. A post on August 19 2017, reaching 6381 was by far the largest "reach".

The organic "reach" of our facebook posting average has almost doubled in the past 12 months with an average reach of 310 per post compared to 195 in 2016/17.

The coverage achieved from Facebook helping lead to significant donations to the organisation, and support from the community in general.



Parkinson's Australia CEO Steve Sant joined the festivities at Parkinson's In The Park 2018

Simone Ridge-Cooke  
Fundraising and Communications  
Coordinator

This page has been left blank intentionally



PARKINSON'S SOUTH AUSTRALIA INCORPORATED

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2018

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## INCOME &amp; EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2018

	2018 \$	2017 \$
INCOME		
Membership Subscriptions	21,686	14,727
Contracted Services	5,940	37,334
Donations		
General	119,527	156,575
Memorial	25,044	35,279
Bequest	20,000	52,735
Fundraising	98,134	92,347
Training income	8,738	8,685
Sales and Other Income	10,974	10,062
Sponsorship Income	15,909	6,344
Interest	562	653
Grant Revenue - Recurrent		
State HACC Statewide <65	23,713	23,317
CHSP Specialised Supp Services	145,794	143,595
Disability Carer Supp	70,609	69,321
Grant Revenue – Non-recurrent		
AHASA	4,571	-
Community Benefit SA	-	34,760
Friends of Monica	9,761	-
Pop up Parkinson's Regional SA	19,610	-
Other	4,333	682
Total income	604,905	686,416
EXPENDITURE		
Accounting Fees and Audit	7,100	4,700
Bank Fees	2,158	2,138
Bad Debts	633	-
Commissions Paid	3,806	3,419
Depreciation	18,292	14,104
Entertainment Expenses	3,455	-
Fundraising Expenses	11,822	23,205
Insurance	5,371	3,088
Minor plant & Equipment	2,289	1,338
Motor Vehicle Expenses	2,458	2,122
Provision for Annual Leave	41,664	36,432
Provision for Long Service Leave	12,173	(1,054)
Provision for Personal Leave	5,114	5,362
Rent	44,674	45,101
Repairs and Maintenance	624	739
Research Project	18,242	-
Selling & Administration	34,729	39,362
Services Provision	41,503	33,031
Staff Amenities and Training	11,975	19,553
Sundry Expenses	6,305	2,928
Superannuation and Workcover	47,016	45,852
Wages	362,881	354,559
Total expenditure	684,284	635,979
Net Surplus / (Deficit) for the year	(79,379)	50,437

The accompanying notes form part of these financial statements.



## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2018

## ASSETS

	Note	2018 \$	2017 \$
CURRENT ASSETS			
Cash and Cash Equivalents	2	243,753	220,376
Trade and Other Receivables	3	14,861	5,117
TOTAL CURRENT ASSETS		258,614	225,493
NON CURRENT ASSETS			
Plant and Equipment	4	17,291	26,990
TOTAL NON CURRENT ASSETS		17,291	26,990
TOTAL ASSETS		275,905	252,483
LIABILITIES			
CURRENT LIABILITIES			
Trade and Other Payables	5	156,233	56,147
Provisions for Employee Entitlements	6	44,927	44,781
TOTAL CURRENT LIABILITIES		201,160	100,928
NON CURRENT LIABILITIES			
Provisions for Employee Entitlements	6	14,789	12,220
TOTAL NON CURRENT LIABILITIES		14,789	12,220
TOTAL LIABILITIES		215,949	113,148
NET ASSETS		59,956	139,335
EQUITY			
Retained Earnings		59,956	139,335
		59,956	139,335

The accompanying notes form part of these financial statements.

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2018

	Retained Earnings \$	Total Equity \$
<b>Balance at 30 June 2016</b>	<b>88,898</b>	<b>88,898</b>
Surplus attributable to members	50,437	50,437
<b>Balance at 30 June 2017</b>	<b>139,335</b>	<b>139,335</b>
Deficit attributable to members	(79,379)	(79,379)
<b>Balance at 30 June 2018</b>	<b>59,596</b>	<b>59,956</b>

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
CASH FROM OPERATING ACTIVITIES			
Receipts from grants & customers		581,281	555,880
Interest received		562	653
Donations received		144,571	191,854
Net GST		(19,731)	(28,229)
Payments to suppliers		(259,579)	(240,404)
Payments to employees		(419,157)	(456,694)
Interest paid		-	(30)
<hr/>			
NET CASH PROVIDED BY OPERATING ACTIVITIES	7	27,947	23,030
<hr/>			
CASH (USED IN) INVESTING ACTIVITIES			
Purchase of plant & equipment		(4,571)	-
<hr/>			
NET CASH (USED IN) INVESTING ACTIVITIES		(4,571)	-
<hr/>			
NET INCREASE/(DECREASE) IN CASH HELD		(22,376)	23,030
Cash at beginning of the financial year		220,376	197,346
<hr/>			
CASH AT END OF THE FINANCIAL YEAR	2	243,753	220,376
<hr/>			

The accompanying notes form part of these financial statements.

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

## 1 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the *Associations Incorporation Act (SA) 1985* and the *Australian Charities and Not-for-profits Commission Act 2012*. The board has determined that the Association is not a reporting entity.

The financial statements, except for the cash flow information, have been prepared on a going concern and an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

## a) INCOME TAX

The Association is a charitable non-profit making organisation and as such is exempt from income tax under Section 23 (e) of the Income Tax Assessment Act.

## b) PROPERTY, PLANT AND EQUIPMENT

Each class of plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The carrying amount of plant and equipment is reviewed annually by the Members of the Board to ensure it is not in excess of the recoverable amount from these assets. The recoverable amount is assessed on the basis of the expected net cash flows that will be received from the assets' employment and subsequent disposal.

The depreciable amount of all Plant and Equipment capitalised is depreciated on a straight-line basis over the useful lives of the assets to the Association commencing from the time the asset is held ready for use. The depreciation rates for each class of asset are:

## i) Plant and Equipment 20-33%

The assets' residual values and useful lives are reviewed and adjusted, if appropriate, at each balance date.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains and losses are included in the income and expenditure statement.

## c) IMPAIRMENT OF ASSETS

At each reporting date, the Association reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the income and expenditure statement.



## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

## 1 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT)

## d) EMPLOYEE BENEFITS

Provision is made for the Association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.

A provision for long service leave is recognised by the Association on the commencement of employment, estimated to be payable to employees on the basis of statutory and contractual requirements. A provision is made for 100% of this cost and vested entitlements (employees with more than 7 years service), are classified as current liabilities.

Contributions made to superannuation funds by the Association are charged as an expense when incurred.

## e) CASH AND CASH EQUIVALENTS

Cash and cash equivalents includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

## f) REVENUE AND OTHER INCOME

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument.

All revenue is stated net of the amount of goods and services tax (GST).

Grant monies are brought to account as revenue in the period to which the grant relates.

Fundraising revenue and donations are recognised in the financial year in which they are received. Revenue from subscriptions is recognised in the income statement in the financial year to which the subscription relates.

## g) GOODS AND SERVICES TAX (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the Statement of Financial Position are shown inclusive of GST.

## h) CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

The Board Members evaluate estimates and judgements incorporated into the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the Association.

## i) COMPARATIVE FIGURES

Where necessary, comparative figures have been adjusted to conform with the presentation of the 30 June 2018 financial statements.

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

## 1 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT)

## j) ECONOMIC DEPENDENCY

The Association receives significant funding from Government grants. The extent to which the Association will be able to continue the provision of services at current levels, is dependent on the continuation of appropriate level of Government funding, the achievement of operating surpluses or break even results and positive or break even net operating cash flows.

The Association's recurrent funding agreements are detailed below:

- i) Commonwealth of Australia, Department of Social Services, Specialised Support Services Grant funding agreement for \$145,794 per annum until 30 June 2018.
- ii) Minister for Communities and Social Inclusion funding agreement for \$23,713 per annum until 30 June 2018.
- iii) Commonwealth of Australia, Department of Social Services, Disability and Carer Support Program funding agreement for \$70,609 per annum until 30 June 2018.

## k) CONTINGENT LIABILITIES

The Association had no known contingent liabilities as at 30 June 2018.

## l) EVENTS AFTER BALANCE SHEET DATE

There have been no significant events that have occurred subsequent to 30 June 2018.

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
2 CASH AND CASH EQUIVALENTS		
Cash at Bank - Commonwealth	196,083	197,975
Cash at Bank - Beyond Bank	47,670	3
Term Deposit ( <i>Research Investment Fund</i> )	-	22,209
Petty Cash	-	189
	243,753	220,376
3 TRADE AND OTHER RECEIVABLES		
	\$	\$
Current		
Trade Debtors	14,861	5,117
4 PLANT AND EQUIPMENT		
	\$	\$
Furniture and Fixtures at cost	17,652	13,286
Accumulated depreciation	(10,826)	(9,200)
	6,826	4,086
Office Equipment at cost	19,600	19,600
Accumulated depreciation	(11,800)	(12,717)
	7,800	6,883
Computer Equipment at cost	72,918	71,601
Accumulated depreciation	(70,295)	(56,832)
	2,623	14,769
TV/Video Equipment at cost	3,492	3,492
Accumulated depreciation	(3,450)	(2,996)
	42	496

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

4 PLANT AND EQUIPMENT (CONTINUED)	2018 \$	2017 \$
Motor Vehicle at cost	23,389	23,389
Accumulated depreciation	(23,389)	(22,633)
	-	756
Total Plant and Equipment	17,291	26,990
5 TRADE AND OTHER PAYABLES	2018 \$	2017 \$
Current		
Trade Creditors	7,511	2,524
Accruals	1,331	1,350
Unexpended Grant Funds	142,546	45,105
GST Payable/ (Receivable)	1,689	2,685
PAYG Payable	3,156	5,224
Workcover Payable (Receivable)	-	(216)
Salary Sacrifice Accrual	-	(525)
	156,233	56,147
6 PROVISION FOR EMPLOYEE ENTITLEMENTS	2018 \$	2017 \$
CURRENT		
Annual Leave	25,264	34,722
Long Service Leave	19,663	10,059
	44,927	44,781
NON-CURRENT		
Long Service Leave	14,789	12,220
Total Provision for Employee Entitlements	59,716	57,001



## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

## 7 CASH FLOW INFORMATION

Reconciliation of net cash provided by operating activities with surplus / (deficit) from operations;	2018	2017
	\$	\$
Surplus / (Deficit) for the year	(79,380)	50,437
Non-cash flows in surplus / (deficit):		
- Depreciation	15,587	14,104
- PPE Donation	(1,317)	-
Changes in assets and liabilities:		
- (Increase)/Decrease in trade and other receivables	(9,744)	10,909
- Increase/(Decrease) in trade and other payables	100,086	(15,691)
- Increase/(Decrease) in employee benefits	2,715	(36,729)
Cash provided by operating activities	27,947	23,030

## 8 CAPITAL AND LEASING COMMITMENTS

The Association has capital commitments of Nil as at 30 June 2018 (2017: Nil)

The property leased by the Association at 23A King William Road Unley is under a cancellable lease with no term. The rent paid during the year ended 30 June 2018 was \$44,674 (2017: \$45,101).

## Operating lease Commitments

Being for rent of office	2018	2017
Payable – minimum lease payments:	\$	\$
- not later than 12 months	-	28,641
- between 1 and 5 years	-	-
- later than 5 years	-	-
	-	28,641

PARKINSON'S SOUTH AUSTRALIA INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

9 RELATED PARTY DISCLOSURES

The names of the persons who were members of the Board of Parkinson's South Australia Incorporated at any time during the financial year were as follows:

John Power  
Paul Davies  
Geoff McKinnon  
John Doyle  
Alison Perrott  
Ghassan Abimosleh  
David Perrott  
Eileen Willis  
Margaret Bulling  
Michael Bakker  
Robert Wilcox

10 REMUNERATION OF THE MEMBERS OF THE BOARD

During the year ended 30 June 2018 no member of the Board received directly or indirectly from the Association any payment or other benefit of a pecuniary value.

## PARKINSON'S SOUTH AUSTRALIA INCORPORATED

## BOARD DECLARATION TO THE MEMBERS

The Board have determined that the registered entity is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies described in Note 1 to the financial statements.

The Board declare that, in their opinion:

- a) There are reasonable grounds to believe the registered entity is able to pay all of its debts, as and when they become due and payable; and
- b) The attached financial statements and notes thereto satisfy the requirements of Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* and the *Associations Incorporation Act 1985 (SA)*, including:
  - i) giving a true and fair view of the financial position and performance of the registered entity in accordance with the accounting policies described in Note 1 to the financial statements; and comply with Australian Accounting Standards to the extent as described in Note 1 to the financial statements.
- c) During the year ended 30 June 2018 no:
  - i) officer of the Association;
  - ii) firm of which the officer is a member; or
  - iii) body corporate in which the officer has a substantial financial interest,

has received or become entitled to receive a benefit as a result of a contract between the officer, firm or body corporate and the Association; and

- d) During the year ended 30 June 2018 no officer of the Association received directly or indirectly from the Association any payment or other benefit of a pecuniary value.

Signed in accordance with a resolution of the Board pursuant to Regulation 60-15 of the *Australian Charities and Not-for-profits Commission Regulation 2013* and the *Associations Incorporation Act 1985 (SA)*.

Signed in accordance with a resolution of the Board by:

President

(Acting)

Board Member

Adelaide, 22 October 2018.